

BOOK STUDY OUTLINE

Week 1 of 12: September 4, 2025 – Overview of Book Study and Preparatory Work. We will prepare through prayer and meditation, and get a feel for how the study will proceed. *Reading Assignment for Week 2: Invitation and Preface (pp. vii-xxv)*

Week 2 of 12: September 11, 2025 – Invitation and Preface (pp. vii-xxv) We will examine why Fr. Rohr wrote this book and perceive the open invitation to be in deeper touch with our True Self. *Reading Assignment for Week 3: Ch. 1 (pp. 1-26)*

Week 3 of 12: September 18, 2025 – Ch. 1: What is the “True Self”? We will unpack and gain a better understanding of what Fr. Rohr means by True Self and its importance in your life. *Reading Assignment for Week 4: Ch. 2 (pp. 27-57)*

Week 4 of 12: September 25, 2025 – Ch. 2: What is the “False Self”? We will gain a better understanding of what Fr. Rohr means by the False Self and the role it plays in your life. *Reading Assignment for Week 5: Ch. 3 (pp. 59-66)*

Week 5 of 12: October 2, 2025 – Ch. 3: Who Dies and Who Lives? We will begin to gain a better understanding of what Fr. Rohr means by the “dance of transformation.” *Reading Assignment for Week 6: Ch. 4 (pp. 67-94)*

Week 6 of 12: October 9, 2025 – Ch. 4: The Knife Edge of Experience We will gain a better understanding of the transformative process of recognizing and experiencing the False Self and the emergence of the True Self. *Reading Assignment for Week 7: Ch. 5 (pp. 95-126)*

Week 7 of 12: October 16, 2025 – Ch. 5: Thou Art That We will continue our journey with Fr. Rohr into understanding our True Self. *Reading Assignment for Week 8: Ch. 6 (pp. 127-138)*

Week 8 of 12: October 23, 2025 – Ch. 6: If It Is True, It Is True Everywhere We will examine why we resist union and the necessary suffering we go through to resurrect into the fullness of our True Self. *Reading Assignment for Week 9: Ch. 7 (pp. 139-158)*

Week 9 of 12: October 30, 2025 – Ch. 7: Enlightenment at Gunpoint We will examine the “final surrender of our False Self...in any conscious dying” can be called enlightenment at gunpoint. *Reading Assignment for Week 10: Ch. 8 (pp. 159-174)*

Week 10 of 12: November 6, 2025 – Ch. 8: Intimate with Everything We will discuss the importance that risk plays in Divine and human intimacy. *Reading Assignment for Week 11: Ch. 9 (pp. 175-186)*

Week 11 of 12: November 13, 2025 – Ch. 9: Love Is Stronger Than Death We will examine the ways our True Self has always been present and inspiring us on the transformative journey.

Week 12 of 12: November 20, 2025 – Epilogue (p. 187) & Closing Meditation